



Minnetonka—Bloomington

Exclusive M1 Unlimited Summer 2010 Training

July 5th—August 6th

5 weeks for only \$100

- Workout with programs provided by the Edge.
- College bound athletes with summer prep programs can use our equipment and our training staff to help interpret drills and exercises.
- Maintain and increase the gains made over the club season before your school season begins.
- Training sessions are unlimited... however you must schedule 24 hours in advance to ensure trainer and facility availability.
- Bloomington Edge Hours: M-W (noon-8p) T-Th (830a-1p, 230-830) F (230-530p) ***hours subject to change***



Amy Braun 140lb Hang Clean

M1

Email nate@edgesportstraining.com or call 952.476.5961 for more information and registration!